



CAMP COCHIPIANEE



2022 CATALOG



A MESSAGE

from the director

Katie Hennessy, CPRP

Hello everyone!

Thank you so much for your support, kindness, and incredible sense of humor while I settled in this year. Every day in Goshen has brought a new adventure.

To those of you I have not yet had the pleasure to meet, my name is Katie Hennessy, Goshen's Park and Recreation Director. I would like to take this opportunity to tell you a little about myself before our exciting 2022 camp season begins.

My career began at a young age volunteering with the National Park Service. This experience sparked a passion for community and nature that soon became a career as I worked toward my Associate of Science in Business Management and Finance followed by my true passion, a Bachelor's of Science in Park and Recreation Management.

Before joining the Goshen team, I was lucky enough to serve as the City of Bristol's Park and Recreations Administrative intern where I fine-tuned my experience in municipal finance, Capital improvements, prevention initiatives and childhood development. This incredible experience fueled me to become a director so that I could make an impact on local communities and the lives of people I love.

When not on the job, I enjoy hiking with my dog/ best friend Luna, RVing cross-country exploring National Parks, mining precious stones and enjoying the never ending experiment of baking sourdough bread.

A BIG thank you to our staff! Camp Coch is made possible by a team of individuals who care deeply about our camper's feelings, lives, education and wellbeing.

They ensure that every child is safe, that every shy little camper makes friends, and that everyone feels included. No matter how much energy the campers have, our incredible staff is up to the challenge!

This season, campers have a wide variety of activities to join including; kayaking, survival skills, archery, open swim, arts crafts, competitions, special events and performances.

If you require assistance registering this season, please don't hesitate to ask. I look forward to seeing you all this summer!

Sincerely,
Katie Hennessy, CPRP

- CAMP COCHIPANEE -

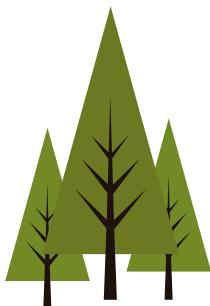
IMPORTANT INFORMATION



Contact

- ✉ MAIN OFFICE:**
MONDAY-FRIDAY 8AM-12PM
MAIN OFFICE: 860-491-3367
OFFICE CELL: 860-601-6089

- 🌐** WWW.GOSHENREC.COM
VISIT US ON FACEBOOK
@GOSHENREC



Registration Deadline

Friday, June 3rd 5:00pm

Time

June 27 - Aug 5
Monday - Friday

Pre K Morning | 8:30 - 11:30am
Pre K Afternoon | 11:45 - 2:30pm
K - 6 | 8:30 - 2:30pm

Location

291 Beach St, Goshen, CT 06756

Fee

Full payment due at registration.
We are unable to "hold" spots.

Weekly Rates

Group	Resident	Non Res
Pre K	\$60	\$60
K - 6	\$120	\$145

*K-6 Special Discount. \$50 off if you purchase all 6 weeks at once!

- CAMP COCHIPIANEE -

NEW TO CAMP COCH!



New

Flip resistant youth Kayaks with climb on back

Lifejackets for all sizes

Specialized staff training and certification

Kayaking!

- 1) Learning how to kayak teaches kids to use creative problem solving skills under pressure.
- 2) Creates an awareness of the natural world, and the need to protect it.
- 3.) Develops body coordination and awareness.
- 4) Teaches campers persistence.
- 5.) Learning how to kayak teaches kids to evaluate risk and how to balance it with reward in a fun, safe, interactive way.



Bumper Ball!

Bumper ball is a safe and protective ball with adjustable shoulder straps and handles inside. It covers the player's upper body and head. You can flip, bounce and crash into each other with no damage to the ball or injury to the player. Sanitized after each use.



CAMP POLICIES

ATTIRE

Campers will be involved in a wide variety of activities including; running, swimming, water games, arts & crafts. Sneakers are required. Please send a towel and bathing suit everyday. Please label all personal belongings. We can not be responsible for lost, stolen, or damaged items. Any item that is brought to camp that is deemed unsafe or inappropriate will be held by the Camp Director and returned to the parent/guardian at the end of the day.

PICKUP/ DROP-OFF

For the safety of your camper only authorized individuals on the pick-up list with a photo ID will be allowed to take your child. Please bring a photo ID every day for pick-up. Please be PROMPT for pick-up. The program ends at 3-3:15pm sharp (depending on your child's group). Please note that if a child is not picked up after a reasonable amount of time and attempts have been made to contact the parent or guardian we will have no choice but to contact Connecticut State Police Troop B.

BEHAVIOR

In order to provide all campers and staff with a camp experience that is safe and enjoyable, please review the following guidelines with your child. A caring and positive approach will be taken regarding discipline. Camp staff will reinforce appropriate behavior through positive reinforcement, firm statements and redirection of activity. All campers must understand and follow the guidelines set forth. 1. Talk in a pleasant manner. Foul language, putdowns and bullying will not be accepted. 2. Treat all equipment and supplies with proper care and respect. 3. Show respect for the Parks and Recreation staff and fellow campers. 4. Running and excessive shouting while indoors is not allowed. 5. Aggressive behavior that is threatening to another child, staff or others will not be permitted at camp. 6. Have a positive attitude and have fun!

DISCIPLINE POLICY::

Goshen Parks and Recreation reserves the right to use discipline that may include verbal warnings, written warning to guardian (we will always speak with you privately in person first if possible), multiple day suspension from camp, and depending on severity expulsion from the program. No refunds will be issued for missed camp days due to behavioral issues. All children and guardians are required to sign off on our behavior policy before attending camp (5th &6th Grades).

REFUNDS:

Please note persons canceling prior to the start of the session will receive a 50% credit. No credit will be issued after the start of the program. Refunds are only issued for legitimate medical reasons with proper documentation provided in a timely manner.

CAMP 2.0 CONTINUES...

We are all eager to return to normal and hope that next year will return to the camp we all know and love. We are ready to update as the OEC guidelines continue to change. Although we were hoping to have our extended program return this year, OEC guidelines are still currently mandating campers remain in their individual cohorts and we are unable to maintain that before and after camp at this time. Thank you for your understanding, we were all hoping that we can return this offering in 2023.

CONTINUING FROM LAST YEAR...

- We will be dividing into 4 age groups once camp begins.
- No before or after camp (Extended Hours)
- No swim lessons BUT 2 free swim opportunities during the day
- Parents will not be permitted to come out of the vehicles at drop off and pick up
- Campers will undergo a screening before they exit the vehicle at drop off. (This may not be the case if our guidelines change.)
 - This will include their temperature being taken
 - Each parent/camper will also be asked a series of questions including if they have been recently exposed to someone with Covid 19 and if the camper or any immediate family members are experiencing a high fever, cough or respiratory distress.
 - Campers who answer yes to these questions and who have a fever of 100 or higher will not be allowed in the program that day. (Per OEC guidelines in Revised Memo #18)
- 2 Counselors per group of 15-20 campers that will stay with the group the entire day.

CAMP COCH BASICS

Our camp family creates an environment for campers to come and have fun, but also learn how to be a kid, a friend, and a camper. We strive to make our camp a safe place for all kids to learn and grow throughout the summer.



1 WHAT TO BRING TO CAMP?

- Sneakers
- Packed lunch with your name
- Water bottle
- Bathing suit/towel (wear under clothes)

2 LUNCH & SNACKS

We encourage you to send all campers lunch, snacks, and water daily, particularly if your camper is a picky eater or has an allergy. Please label all lunches and juice containers.

3 RAINY DAY PROCEDURES

We hope it doesn't...but those rare times that a storm looks like it will debilitate the day, the Camp Director and Assistant Director make a decision by 6am to cancel Camp Coch Day Camp or not. Since our camp is run all outside, we want to make sure that every camper and staff member is safe. We try our best to not cancel, but sometimes the weather is out of our control!

You will be notified via email and *Band App*.

4

ILLNESS OR INJURY



If your child is sick, please keep him/her home. Please report any communicable diseases promptly, i.e. Covid-19, Chicken pox, Head Lice, Pink eye, etc. to the director. (Refund or credits are not given for missed camp days) If your child becomes ill or injured while at camp, the camp will first attempt to contact the parent/ guardian. Please inform your emergency contacts of their responsibilities and be sure they are readily available. If a life-threatening condition is found, EMS will be contacted immediately, first, followed by your emergency contact.

5

MEDICATION

Staff can not administer medication to campers. However, staff can keep all medications in safekeeping, remind children to take medication and supervise self-administration. Parents must fill out the Camper Medication Authorization Form contained in this booklet in order for their child to take medication at camp. All medication must be presented in their original prescription containers. All inhalers and epi-pens must have a medication form.

Covid-19 Policies & Protocols

To ensure the safety of our campers and staff, Camp Coch adheres to all CDC guidelines and OEC regulations.

Daily

1

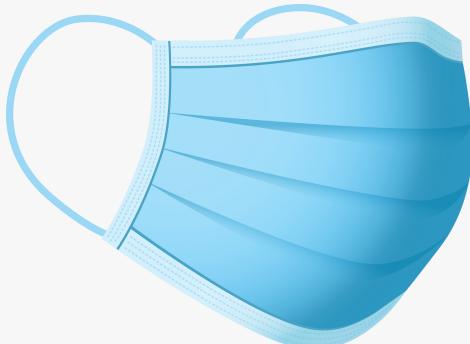
SOCIAL DISTANCING

- This year campers will stay in their own groups (no rotation) to avoid unnecessary contact.
- All indoor activities such as naps & meal times will be done in shifts and socially distanced to the best of our ability given available space.
- Our campers and staff will enjoy a variety of activities both indoor and out that have been written with social distancing in mind.

2

SIGNS & SYMPTOMS

- Our staff has been fully training to recognize symptoms and we will be monitoring throughout the day.
- Informative posters will be also be hung in visible locations to recognize symptoms.



Cleaning

SO FRESH & CLEAN!

- 1 Counselor per day will be assigned to cleaning. A child friendly cleaning solution and electrostatic machine are used throughout the day to keep your child safe by reducing the risks of yucky viruses on surfaces.
- Regular hand-washing will be incorporated into our daily schedule on a more frequent basis and hand sanitizers will be readily available throughout camp.



Protocol

WHAT IF A CAMPER OR STAFF MEMBER DISPLAYS SYMPTOMS OR TESTS POSITIVE FOR COVID-19?

- If a camper is experiencing symptoms: they will be relocated to our designated isolation area with games and activities while parents are contacted and asked to pickup their camper as quickly as possible.
- In the event that your child has tested positive or has been in close contact with someone who has, we firmly ask they are not brought to camp until they have met the CDC's criteria for doing so.
- If a camper tests positive and has been to camp, parents will be promptly notified via text.